

# COMMERCIAL SERIES ELLIPTICAL CROSS TRAINER

## TS1™

The TRUE TS1 is driven by a patented CoreDrive™ system that keeps the user in the center of the exercise motion for superior balance, stability and comfort. Parallel footpath technology delivers a natural motion unmatched by front- or rear-drive elliptical machines. The TS1 adapts to the user rather than forcing the user to adjust his/her stride to the machine. Another exclusive feature of the TS1 is the ability to isolate the upper body by stepping off of the foot pedals and onto side steps. Other manufacturers may claim that their elliptical is “total body,” but the only way to get an effective upper body workout is to allow the user’s arms to do the work independently, without assistance from the legs. The TS1 is the only TRUE full-body, cross training elliptical machine for your facility.



TS1 CONSOLE ►



|                                 |   |
|---------------------------------|---|
| DRIVE SYSTEM                    | Core Drive™ (Dual Crank)  |
| STRIDE                          | Fixed - 21" (53 cm)   |
| WORKLOAD RANGE                  | 25 - 600 Watts  |
| DISPLAY TYPE                    | Advanced Custom LCD   |
| DATA READOUTS                   | Time, Distance, RPM, Heart Rate, Level, METs, Watts, Calories                     |
| MESSAGE CENTER                  | 17 Character Alphanumeric   |
| QUICK START                     | Yes   |
| KEY FUNCTIONS                   | Numeric Keypad  |
| EXPRESS COMMAND KEYS            | Yes   |
| PRE-SET WORKOUTS                | 2 Interval Programs, 2 Hill Programs  |
| ENTERTAINMENT READY             | Yes   |
| HEART RATE MONITORING           | Contact Heart Rate + Wireless   |
| HRC® (HEART RATE CONTROL)       | Yes   |
| HEART RATE CONTROL WORKOUTS     | 1 Target, 1 Interval  |
| CRUISE CONTROL®                 | Yes   |
| PAUSE FEATURE                   | Yes (15 seconds)  |
| READING RACK / CD HOLDER        | Yes   |
| ACCESSORY / WATER BOTTLE HOLDER | Yes   |
| SAFETY FEATURES                 | Extended Handrails for Easy Entry & Exit, Side Step-on Areas & Low Step-up Height |
| UPPER-BODY ONLY ARMS            | Ergonomically Designed  |
| PEDAL SPACING                   | 2"  |
| FOOTPAD SURFACE                 | SoftStep™ Cushioned Antifatigue Material  |
| STEP-UP HEIGHT                  | Foot Skate Lowest Position: 11"   |
| TRANSPORT WHEELS                | 2 in front  |
| POWER SOURCE                    | 115V AC, 1 Amp Max & 220V, .5 Amp Max   |
| FRAME                           | Powder Coated Welded Steel  |
| FOOTPRINT                       | 63"H x 57"L x 34.5"W<br>(160 cm x 145 cm x 88 cm)                                 |
| ELLIPTICAL WEIGHT               | 425 lbs (193 kg)  |
| MAXIMUM USER WEIGHT             | 350 lbs (159 kg)  |
| WARRANTY                        | Frame (30), Parts (3), Labor (1)  |